



The Regnante School Of Performing Arts
Principal: Miss Amelia Regnante (BA Hons/LIDTA)
RSOPA STUDIO HOUSE
37 Richmond Road
Worthing
BN11 1PW
E: rsopa@hotmail.co.uk
www.rsopa.co.uk

Uniform is available from the following two websites.

When purchasing shoes, do keep them in packaging and have a teacher fit them for you before allowing your child to wear them. Other sites and shops may sell these items, however, in my experience the quality and policies of other companies do not compare, and this company sells our accredited IDTA uniform. If you chose to purchase a cheaper version, you will need to purchase the official one for exams and shows. None of the uniform is compulsory, however, when the children perform in our shows and/or exams, they do need to all look the same in the uniform listed.

NEVER short change on shoes! Unless you want to compromise on your child's feet and joints!

Please do not compromise on slip on jazz shoes, teachers are not able to spend class time fiddling with shoe laces.

OUTDOOR shoes are no permitted in the studios due to the nature of the work inside ;-)

- All Dancewear and Dance Shoes can be purchased from:

www.firstposition.com (register to save 10%)

You will see codes listed with items here, which will help you locate your child's uniform quicker on their website.

- All RSOPA branded uniform can be purchased from <http://yourpinnacleshop.com/rsopa>

- Girls Ballet Shoes are best purchased from www.dancedirect.com. The best fit shoes are code 4S (sansha shoes), although for a wider foot you can get Capezio or first position one on www.firstposition.com

GIRLS TOT BOP hair must be in a neat bun for ballet no fussy hairpieces

Any skirted leotard for class. For shows and exams the set uniform is: CAP SLEEVE COTTON/LYCRA SKIRTED LEOTARD (Q12); Choose From Any Colour. PINK ANKLE LENGTH BALET SOCKS (SO); FULL SOLE PINK SATIN BALET SHOES WITH PINK ELASTIC (see memo above); BLACK TAP SHOES WITH HEEL & TOE TAPS (CZ442 from size 8 only, smaller sizes available in a different shoe). optional: WRAP CARDIGAN TO MATCH LEOTARD (plenty available on the website)

GIRLS BALET INTRODUCTORY Hair must be in a classical bun

Any skirted leotard and pink socks for class. For exams the children need the set uniform: LILAC SKIRTED IDTA LEOTARD (IDTA11) PINK ANKLE LENGTH SOCKS (SO) FULL SOLE SATIN BALET SHOES (see memo above) Optional LILAC HAIR PIECE FOR CLASS & EXAM (Matches uniform, order from Miss Amelia for show or exam) OPTIONAL MATCHING CARDIGAN (XX or CXO) Shoes for exams should have ribbons.

(please note, if your child ever opts to take Grade 1 or 2 Ballet exam, there is a different uniform leotard.)

GIRLS BALET JUNIOR hair must be in a neat bun for ballet no fussy hair pieces

Any ballet leotard and tights or socks for class. For exams and shows the girls will need: SAPHIRE COTTON LYCRA ROUCED IDTA LEOTARD (IDTA10); PINK SEAMFREE TIGHTS; FULL SOLE PINK SATIN BALET SHOES WITH PINK ELASTIC (See memo above) Shoes for exams should have ribbons.

GIRLS BALET INTER/SENIOR - hair must be in a neat bun for ballet no fussy hair pieces

ANY BALET LEOTARD (for class), PINK SEAMLESS TIGHTS; PINK CANVAS SPLIT SOLE BALET SHOES WITH ELASTIC; For exams, girls will need to have the syllabus uniform to be confirmed at the time: NAVY SPAGHETTI STRAP IDTA LEOTARD (IDTA05) or CHINA BLUE CAP SLEEVED LEOTARD (PRO110); Optional skirt for class only (PRO113) and split sole satin shoes with ribbons for exams and shows, make sure you choose a great quality shoe and try several to get the right fit for your foot.

POINTE & INVITE BALET CLASS; Any Ballet Leotard, Pink Seamless Tights; Canvas Split Sole Shoes; Split sole satin shoes with ribbons for exams and shows. Pink Satin Pointe Shoes with ribbons.

STRETCHING CLASS & Jazz Technique - Neat Hair Please

ANY LEOTARD OR UNITARD IN ANY STYLE WITH OR WITHOUT BLACK FOOTLESS TIGHTS OR TOP AND LEGGINGS/JAZZ OUTFIT.

BOYS BALET & MODERN, TOTS, INTRODUCTORY

A tight vest or t shirt and shorts (fitted better) for class or leotard and shorts or biketard/unitard. For shows and exams, the set uniform is: WHITE CAP SLEEVED COTTON/LYCRA LEOTARD (Q40); BLACK LYCRA SHORTS (Q41); WHITE ANKLE LENGTH SOCKS (SO); FULL SOLE WHITE LEATHER BALET SHOES WITH WHITE ELASTIC; TAP - BLACK ANKLE SOCKS (SO) & BLACK HEEL AND TOE TAP SHOES (CZ442 from size 8, use other styles for smaller)

JUNIOR BOYS BALET

A tight vest or t shirt and shorts (fitted better) for class or leotard and shorts or biketard/unitard. For shows and exams, the set uniform is: WHITE IDTA VEST COTTON/LYCRA LEOTARD (IDTA13); NAVY TIGHTS (FRR317P); WHITE LONG SOCKS WHEN THEY FIT (SOM-WH); WHITE CANVAS BALET SHOES (Split Sole) WITH WHITE ELASTIC; SUPPORT BELT IF NEEDED (IM7663)

BOYS BALLET SENIOR

A tight vest or t shirt and shorts (fitted better), or leotard and shorts or biketard/unitard for class. For shows and exams, the set uniform is: WHITE IDTA LEOTARD for exam (IDTA13), BLACK TIGHTS or UNITARD; CALF-LENGTH WHITE SOCKS; WHITE CANVAS SPLIT SOLE BALLET SHOES WITH WHITE ELASTIC; SUPPORT (IM7633)

GIRLS MODERN JAZZ INTRODUCTORY-hair must be tied back

Any Jazz leotard, biketard or unitard for class. For shows and exams the set uniform is: RSOPA Black leotard (minimum 4 weeks order time via the office) and black footless tights (SKU: AD124)

GIRLS JUNIOR MODERN - hair must be tied back

Any Jazz leotard, biketard or unitard for class. For shows and exams the set uniform is: RSOPA Black leotard (minimum 4 weeks order time via the office) and black footless tights (SKU: AD124)

GIRLS INTER/SENIOR MODERN - hair must be tied back

Any Jazz leotard, biketard or unitard for class. For shows and exams the set uniform is: RSOPA Black leotard (minimum 4 weeks order time via the office) and black footless tights (SKU: AD124)

GIRLS TAP INTRODUCTORY

Any RSOPA top/t shirt, fitted if possible, RSOPA shorts or tracksuit bottoms (teacher should be able to see the dancers' body), any tap shoes with good heel and toe taps.

For shows the set uniform may be defined so all dancers match. For exams, the set uniform is: RSOPA Black leotard (minimum 4 weeks order time via the office), BLACK IDTA JAZZ PANTS (IDTA06) or RSOPA Shorts BLACK SOCKS (SO); BLACK TAP SHOES WITH HEEL AND TOE TAP (CZ442)

GIRLS TAP JUNIOR

Any RSOPA top/t shirt, fitted if possible, RSOPA shorts or tracksuit bottoms (teacher should be able to see the dancers' body), any taps with good heel and toe taps.

For shows the set uniform may be defined so all dancers match. For exams, the set uniform is: RSOPA Black leotard (minimum 4 weeks order time via the office), BLACK IDTA JAZZ PANTS (IDTA06) or RSOPA Shorts, BLACK SOCKS (SO); BLACK TAP SHOES WITH HEEL AND TOE TAP (CZ442)

GIRLS TAP INTER/SENIOR

Any RSOPA top/t shirt, fitted if possible, RSOPA shorts or tracksuit bottoms (teacher should be able to see the dancers' body), any taps with good heel and toe taps.

For shows the set uniform may be defined so all dancers match. For exams, the set uniform is: RSOPA Black leotard (minimum 4 weeks order time via the office), BLACK IDTA JAZZ PANTS (IDTA06) or RSOPA Shorts, BLACK SOCKS (SO); BLACK TAP SHOES WITH HEEL AND TOE TAP (CZ442)

BOYS TAP

Any RSOPA t shirt or vest, RSOPA shorts or tracksuit bottoms (teacher should be able to see the dancers' body), any taps with good heel and toe taps.

For shows the set uniform may be defined so all dancers match. For exams, the set uniform is: RSOPA yellow t shirt, BLACK IDTA JAZZ PANTS (IDTA06), BLACK SOCKS (SO); BLACK TAP SHOES WITH HEEL AND TOE TAP (CZ442)

CONTEMPORARY- hair must be tied back

ANY COMFY CLOTHING: FITTED ENOUGH FOR THE TEACHER TO SEE THE BODY MOVING. HAIR OFF THE FACE.

FOR SHOWS DANCERS IN CONTEMPORARY WILL REQUIRE A UNIFORM SO THEY ALL MATCH: RSOPA leotard and black tights.

RSOPA TH ACADEMY, STREET DANCE, MUSICAL THEATRE, DRAMA GIRLS & BOYS all ages

RSOPA BRANDED BOTTOMS & T SHIRT or TOP, PLUS:

Musical Theatre and Drama: BLACK SLIP ON JAZZ SHOES (CZCG05) (Inter/Seniors may need Black New Yorkers Girls and Character Shoes for Boys)

STREET DANCERS CAN WEAR ALL BLACK TRAINERS or CONVERSE but these must not be worn outdoors.

KNEE PADS (OPTIONAL) for contemporary and Street

Please note that for shows all children should have the YELLOW branded RSOPA t shirt, the other designs are for fun

RSOPA THEATRE GROUP ACADEMY TROUPE

Members in the community troupe only, need the following kit available year round:

RSOPA yellow t shirt with logo, RSOPA tracksuit bottoms, black socks, Black slip on jazz shoes, Black character shoes or new Yorkers, RSOPA Black leotard (order time 4 weeks form office), black footless tights, Rehearsal character skirt, A black tie suit and tie (boys) or black evening dress (girls) with evening shoes or new yorkers/character shoes. All members must have a show ready uniform at all times.

Hair half up half down or in a cabaret style front section off the face at least.